



SUGGESTED ITINERARY | PEMBROKE DAY TRIP

Morning- Begin your day stocking up on supplies and breakfast at [Tangent Outfitters and Cascade Café](#). Enjoy your morning of shopping at Amish Heirlooms, Pearl's [Petals and Gifts](#), flea market-esqu shops including [Yesteryear](#), [Big Dawg's Bargains](#), and [Cascade Café](#). All within walking distance for a nice stroll through this quaint small town that's the hub of outdoor adventure in Giles. While walking through town stop and visit the Littlest Library in Virginia- the [Pembroke Public Library](#).

Your lunch options are plentiful in Pembroke. Enjoy family favorites at [Roma's Italian Restaurant](#) or [Riviera Mexican Grill](#). Want something quicker? Enjoy [Subway](#) or [Cascade Café](#), they also have hand-dipped ice cream!

Your activity options are extensive in Pembroke. You can rent tubes and enjoy the [New River Water Trail](#) from [New River's Edge](#). Paddle boards, canoes, kayaks, or bikes can be rented from [Tangent Outfitters](#). Both [New River Outdoor Company](#) and [Tangent Outfitters](#) offer guided fishing trips and shuttle service to enjoy the entire 37 miles of the New River. With a public boat landing in Pembroke, you can start or finish your river adventure right in town!

Looking for something off-water? Enjoy a round or two of golf at [Castle Rock Golf and Recreation](#). One can't think about visiting Pembroke without a hike to the [Cascades](#) waterfall. A 69 foot waterfall that is accessed by a 4 mile round trip hike. The hike, on average, takes about 3 hours. Above the falls you could also venture to the Upper Falls or Barney's Wall! The [Cascades Recreation Area](#) is managed by the US Forest Service and there is a \$3 parking fee. If a public space and nature walk is more your thing, or if you have little ones in tow, enjoy [Treasure Island](#), Pembroke's Town Park.

End your very full day in Pembroke with dinner at [Kal-Bee's](#). An award winning Korean restaurant. You can also enjoy lodging close to downtown at New River's Edge a-frame log cabin, or camp along the banks of the New River at [R&R Campground](#). Other nearby lodging along the river can be found at gilescounty.org/lodging.