



FAPT (CONT'D)

Children may be placed in a Psychiatric Residential Treatment Facility (PRTF) or a Therapeutic Group Home (TGH). These programs are licensed by the Virginia Department of Behavioral Health and Developmental Services (DBHDS).

CSA Parental Agreements are used only when less-intensive services have been tried or are not appropriate.



HELP IS POSSIBLE

If your family is struggling, you don't have to face it alone. The Children's Services Act (CSA) is here to help you find support, guidance, and services that fit your child's needs. Reaching out does not mean you've failed—it means you are taking an important step to help your child succeed.

We encourage you to learn more, ask questions, and connect with your local CSA office. Together, we can work toward stability, hope, and a better path forward for your family.

CONTACT US TODAY!



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ARE YOU FEELING OVERWHELMED BY YOUR CHILD'S BEHAVIOR?



WHAT'S HAPPENING?

Does your child seem easily frustrated, impulsive, argumentative, defiant, or withdrawn?

Do these behaviors often disrupt your home?

Even though some rebellion is normal, does your child's behavior feel out of control?

Do you feel like you've tried everything without success?

If you've even considered calling the police during a crisis, there is help available. Whether your child is six or sixteen, support exists for your family.

To find help, please read this brochure to learn about the Children's Services Act (CSA).

WHAT IS CSA?

The Children's Services Act (CSA) is a Virginia program that provides support for families of children with significant emotional or behavioral needs.

ELIGIBILITY FOR CSA

There are a few ways children can qualify for CSA services.

For children with significant emotional or behavioral needs, this is often through a 'Child in Need of Services' (CHINS) determination. This decision can be made by the Juvenile and Domestic Relations Court or by your local Family Assessment and Planning Team (FAPT). Even if FAPT decides your child is not eligible for CSA, they may still recommend services that may be helpful.

WHAT IS FAPT?

The Family Assessment and Planning Team (FAPT) is a group of local professionals from agencies that serve children. FAPT meets with you to learn about your child's needs and strengths and to decide if your child meets the criteria to receive services through the CSA.

If your child is eligible, you and the team will create a service plan that includes supports to help your child and family.

Services may take place in your home or community and include family supports such as helping parents learn behavior management skills or teaching a child coping skills to manage frustration. Community-based services are used first whenever possible.

Sometimes, a child may need short-term residential treatment. These placements are made through a *CSA Parental Agreement*.

A CSA Parental Agreement is a contract between you and the CSA Program that allows your child to receive short-term residential mental health treatment while you keep legal custody. You must agree to remain engaged in therapy and to visit your child regularly.

